

🌞 WISE Virtual Book Club Program

An Initiative of the Greater Boston Chapter of ASSP's Women In Safety **Excellence (WISE) Committee**

1. Purpose

The WISE Virtual Book Club is a supportive, no-pressure space for members to connect, reflect, and grow through reading. Our focus is on books that inspire professional development, leadership, inclusion, and wellness. Whether you're a casual reader or an avid bookworm, this is a place to engage at your own pace—no assignments, just good conversation.

2. How It Works

Sign Up to Join the Club

Register using our sign-up form here:

Once registered, you'll be added to our monthly updates and virtual meetups.

Book of the Month

Each month, we'll select a book—sometimes related to safety leadership, sometimes just something inspiring. Participation is flexible. Read what you can!

Monthly Virtual Meetups

Join us for a 45-minute monthly virtual discussion where we casually chat about themes, takeaways, and how the book connects to our professional or personal lives. No pressure to have finished the book—just come as you are!

• Quarterly Deep Dive Discussions

Once a quarter, we'll host an extended session featuring a deeper dive into the book, guest speakers, or themed activities. These will run about 90 minutes.

Optional Reflections & Feedback

Share your thoughts, takeaways, or favorite quotes using our quick feedback form here:

 ← Book Club Feedback & Notes Sheet

3. No Book? No Problem – Use Hoopla for Free!

You're welcome to read the book in any format that works for you—whether it's Kindle, Audible, a hardcover from your favorite bookstore, or an Amazon eBook.

But if you don't have access to a reading platform, no problem! Many of our selections are also available for free on <u>Hoopla</u>, a digital media service offered through local public libraries. It provides instant access to eBooks and audiobooks—no fees, no waitlists.

How to Use Hoopla:

- 1. Visit https://www.hoopladigital.com/
- 2. Click "Get Started Today" to create a free account with your email.
- 3. Link it to a participating public library (such as Boston Public Library).
- 4. Start borrowing instantly!

Need a Library Card?

No problem again—if you live in Massachusetts or work for a company with a Massachusetts office, you can sign up for a free Boston Public Library eCard:

- 1. Go to https://www.bpl.org/ecard/
- 2. Complete the short registration form.
- 3. Receive your eCard by email and start using Hoopla right away.

4. Roles & Responsibilities: Virtual Book Club Co-Chairs

Our two Co-Chairs will lead the Book Club with support from the WISE Committee, helping to shape a welcoming, engaging, and low-pressure experience for all participants.

Co-Chair Responsibilities Include:

- Selecting and announcing the monthly book (with help from group feedback)
- 2. Hosting or coordinating the virtual discussion meetings
- 3. Reviewing member feedback from the notes sheet
- 4. Leading quarterly deep dive sessions
- 5. Promoting engagement through email or social posts
- 6. Keeping it fun, inclusive, and low-pressure

5. Monthly Discussion Format (Facilitated by Book Club Co-Chairs)

Typical Monthly Meeting Agenda (45 Minutes):

- 1. Welcome & Icebreaker
- 2. Overview of Book Themes
- 3. Open Discussion & Review Feedback Submissions (favorite parts, lessons, challenges)
- 4. How it connects to safety, leadership, or life
- 5. Wrap-Up & Next Month's Book Preview

6. 90-Minute Deep Dive Discussion Format (Facilitated by Book Club Co-Chairs)

1. Welcome & Warm-Up (10 minutes)

- Quick welcome by Co-Chairs
- Icebreaker: "One word or phrase this book made you think of" (via chat or live share)
- Review agenda and ground rules (respect, listening, participation encouraged—not required)

2. Author, Theme & Context Review (10 minutes)

- Co-Chairs provide a brief overview:
 - Author background
 - Key themes and purpose of the book
 - Why it was selected

3. Q Deep Dive Discussion Part 1 – Themes & Takeaways (25 minutes)

- Moderated open discussion with guiding questions such as:
 - What ideas or moments stuck with you most?
 - Were there any "aha!" moments?
 - o How do these ideas relate to safety, leadership, or personal growth?
 - P Tip: Use breakout rooms for smaller groups to share and then reconvene.

- Discussion questions to explore how the book's concepts apply to participants' lives and work:
 - What's one actionable takeaway you can bring into your work or life?
 - Did anything challenge your perspective or give you new insight?
 - o How can we apply these themes in our safety culture or leadership roles?
 - Optional: Capture key takeaways in a shared Google Doc or Jamboard.

5. Guest Reflection or Member Spotlight (Optional – 10 minutes)

Invite a guest speaker or spotlight a member to share their insights
Could be an industry leader, someone from the author's field, or a member with a unique perspective

6. Future Book Suggestions & Wrap-Up (10 minutes)

- Ask participants to share book suggestions for upcoming months
- Announce next month's book if selected
- Recap top takeaways from the session
- Invite members to complete the Book Club Feedback & Notes Sheet
 - [Insert link here]

7. Closing & Community (5 minutes)

- Thank attendees
- Remind them of the monthly meetup schedule
- Drop your social handles or LinkedIn for continued connection
- Encourage reflection in the notes form post-session

Whether you're reading every page or just showing up to hear what others think, the WISE Book Club is your place to connect, grow, and unwind. Join us today!

Questions? Contact the WISE Committee.